

# Christ Church Episcopal

Hudson, Ohio



a Parish of the  
Diocese of Ohio



# April

## 2017

## THE COMMUNICANT



### HOLY WEEK SERVICE SCHEDULE

**April 9 ~ Sunday of the Passion: Palm Sunday**

**Blessing of the Palms ~**

**8:00 AM ~ Quiet spoken service in the Chapel**

**10:30 AM ~ Festive service in the Church**

**April 13 ~ Maundy Thursday**

**6:00 PM ~ Simple Meal and Communion**

**April 14 ~ Good Friday**

**Noon ~ Ecumenical service**

**5:30 PM ~ Children's service**

**7:00 PM Good Friday Worship**

**April 15 ~ Holy Saturday**

**9:00 AM ~ Holy Saturday service in the Church**

**April 16 ~ Easter Day**

**8:00 AM ~ Quiet spoken service in the Chapel**

**9:00 AM and 11:00 AM ~ Festive Easter service in the Church**

**~ with Communion & Brass Quartet**

**Easter Egg Hunt at 10:15 AM**

***Children ages 3~3<sup>rd</sup> grade***

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## CHIT CHAT WITH MARY PAT

April 2017

Mary Pat DeLambo, MEd, BSN, RN  
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Community Wellness Coordinator

1- 330-356-2559



We start the month with April Fool's Day and can keep on laughing in honor of:

### April is National Humor Month!

Here is an excerpt from [www.helpguide.org](http://www.helpguide.org) reminding us that laughter is the best medicine.  
I wish you all a happy, laughter -filled month!

## Laughter is the Best Medicine

### The Health Benefits of Humor and Laughter

For complete information go to: <https://www.helpguide.org/articles/emotional-health/laughter-is-the-best-medicine.htm>

Sure, it's fun to share a good laugh. But did you know it can actually improve your health? It's true: laughter is strong medicine. It draws people together in ways that trigger healthy physical and emotional changes in the body. Laughter strengthens your immune system, boosts mood, diminishes pain, and protects you from the damaging effects of stress. As children, we used to laugh hundreds of times a day, but as adults life tends to be more serious and laughter more infrequent. By seeking out more opportunities for humor and laughter, though, you can improve your emotional health, strengthen your relationships, find greater happiness—and even add years to your life.

### What you can do

1. Share funny moments—even if they are embarrassing—with friends
2. Host a game night for friends
3. When you hear laughter, move towards it
4. Seek out playful people who laugh easily
5. Learn to laugh at yourself

### Physical health benefits of laughter

- Boosts immunity
- Lowers stress hormones
- Decreases pain
- Relaxes your muscles
- Prevents heart disease

### Mental health benefits of laughter

- Adds joy and zest to life
- Eases anxiety and tension
- Relieves stress
- Improves mood
- Strengthens resilience

### Upcoming Events



**Lunch and Learn**  
**April 20, 2017**  
**12:00 – 1:00 PM**  
**New HCER Programs for Seniors**  
Michele Collins  
Hudson Community Education and Recreation



**Fit & Fallproof**  
Makeup Class  
Wednesday, April 5th  
1:00 PM  
Jill Rango, Instructor



## A Note from Charlotte

### Wednesdays at the Open Door Coffee Company April 5 & 12

Charlotte continues to hold office hours at the Open Door (164 N. Main Street) on Wednesdays from 9am-11am.

On the rare weeks that Wednesday is not an option for some reason, the alternate date will be in the e-blast the week before, the Sunday announcements, or if the change is very last minute, in an email.

*Please come by for a chat as we seek to have a more public presence in Hudson.*



#### Rector's Contact Information:

Contact Charlotte by email at

[charlotte.reed@christchurchhudson.org](mailto:charlotte.reed@christchurchhudson.org)

By phone in the church office: 330-650-4359

Or by cell phone: 937-925-5200

*(before 9pm please, unless it's an emergency)*

This number can also be used for text messages.

Just please give your name  
so Charlotte knows who is texting her.

**Thank you!**



### Pub Theology

Wednesday, April 5 at 7:00 PM

Location: Peachtree Southern Kitchen

Come and bring a friend  
as we explore the intersection of faith and life.

The topic for April is

“What I wish the church had taught me as a child”

Please let Charlotte know you (and your friend)  
are coming at 330-650-4359 or  
[charlotte.reed@christchurchhudson.org](mailto:charlotte.reed@christchurchhudson.org)

Dear Friends,

As I write this on March 15, we have something like 8 inches of snow on the ground. This is the largest snow we've had this season, and here we are just 5 days away from the official start of spring.

By the time you read this, spring will have arrived (at least officially) and Easter will be just around the corner. Easter and springtime seem like a natural match. The flowers begin to bud, if not bloom. The grass comes back to life. The trees turn green. The days are longer. All around us, there are signs of new life in the natural world. Snow is not a natural part of this equation (at least to this semi-southern heart).

We are tempted to see Easter as part of this same natural process where new life emerges from the darkness of winter. After all, we have spent 40 days in the quiet darkness of Lent. Every year, we emerge from the Lenten wilderness into the joy of Easter life, just like the flowers emerge from the ground every year. But there is actually nothing, absolutely nothing, natural about Easter. Jesus wasn't merely dormant for a season. Jesus was dead. And God refused to let death have the final word and responded with resurrection.

In order to experience the fullness of Easter joy, the Church calls us to the observance of a holy Lent, and to walk the events of Holy Week with Jesus. Those events remind us, in a tangible way, that a dormant Jesus did not just spring back to life. A crucified, dead and buried Jesus was resurrected by God. I invite all of us to take that Holy Week journey with Jesus and to experience Maundy Thursday and Good Friday as well as the joy of Easter Day. Details about our various opportunities that week are on the cover and throughout this issue of the Communicant. If you have questions, please ask.

I look forward to my first journey through Holy Week with you!

Blessings,

Charlotte



## A word about Maundy Thursday and Good Friday

Holy Week

**Maundy Thursday:** On Maundy Thursday (April 13) at 6pm, we will gather in the Parish Hall To observe Jesus' commandment on the night before he died that we break bread and share the cup in remembrance of him. We will do that in the context of simple meal. Following the meal and the sharing of the bread and cup, we will process to the church for the stripping of the altar. The service is designed to be meaningful for people of all ages.

**Good Friday:** On Good Friday, we offer three worship experiences at Christ Church.

**The Ecumenical Good Friday service** will be at Christ Church at noon.

**The Children's service** will be held at 5:30 in either the Parish Hall or the Chapel.

This service is similar in approach to the children's Ash Wednesday service.

All are welcome, but the service is geared to children.

**The Good Friday liturgy** with communion from the Reserved Sacrament is at 7pm in the Church.

If you have questions about any of these services, please do not hesitate to contact the Rector:  
[charlotte.reed@christchurchudson.org](mailto:charlotte.reed@christchurchudson.org) or 330-650-4359.



Our Lenten practice of a simple, chanted Evensong led by Don Reed will conclude with the service on Wednesday, April 5 at 5:30. Thank you to Don for leading us in this rich, yet simple, ancient worship experience.

### Ecumenical Good Friday Service, April 14 at Noon

Christ Church is privileged to offer the Good Friday Ecumenical service this year. Christians from all over Hudson are invited to gather as the one Body of Christ as we mark the solemn day of Jesus' crucifixion. Clergy from a variety of churches will participate in the service, which will last an hour. Please plan to join us to help welcome the community to Christ Church.

### Trinity Cathedral Choral Evensong

Wednesday, April 26, 6pm- The Feast of Catherine of Sienna

The Rev. Charlotte Collins Reed, Preacher

Trinity Chamber Singers

Service: Mathias "Jesus College"

Choral Evensong is a tradition at the Cathedral every Wednesday evening at 6pm during the program year. The service is followed by a community supper and educational offering.



## Laurel Lake Holy Eucharist and Lunch Thursday, April 6th at 11:00 AM in Serenity Chapel

All Christ Church residents at Laurel Lake are invited for Eucharist in Serenity Chapel with lunch following in the Lakeside Dining Room.

**For information or to RSVP, contact Gretchen Green.**

The Christ Church ECW will be making Palm Crosses on Thursday, April 6 at 11am in the Parish Hall. All are welcome! No experience? No problem! There will be plenty of people on hand to teach you.



### Staff Changes

- ◆ We welcome Kathy Garber as the Christ Church Parish Administrator as of April 1. Her hours will be Monday through Friday from 8-5:00. Kathy has been on our staff since May of 2015 as the parish secretary and we are excited to have her move into this full time position.
- ◆ We are in the process of searching for a part time accountant.
- ◆ Our search for a ½ time Director of Christian Education and Youth Ministry is progressing well with several well qualified applicants. We hope to have an announcement in the near future.

### Chaos of Biblical Proportions Sunday, April 9 at 5pm



“Chaos of Biblical Proportions,” affectionately known as “Chaos” is our monthly event for children and their families. Chaos begins with supper at 5pm, then programs for adults and children at 5:45. The evening ends at 6:30. Please let Charlotte know you are coming so adequate supper plans can be made: [charlotte.reed@christchurchudson.org](mailto:charlotte.reed@christchurchudson.org) or 330-650-4359.

## #whatsyour200

At the Annual Meeting, Tina Monreal encouraged our parish to join in the celebration of the 200th anniversary of the Diocese of Ohio. Please join in the celebration by taking part in one of our current “200” collection drives we have going on this month.



### Prescription Bottle Collection

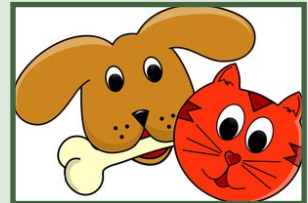
The ECW of the Diocese of Ohio is collecting empty, clean prescription containers with labels removed. These containers will be sent to Belize, or other third world countries where prescriptions are typically handed to patients in folded paper containers. You can find the collection box in Parish Hall. Let's see if we can collect 200!

### Pet Food Collection Drive

Evelyn Cicen and Brownie Troop 90406 are having a canned pet food drive to complete their service project for the year. All donations will go directly to Pawsibilities and the Humane Society of Summit County. The high priority item that we have chosen to help with are:

1. Canned Dog & Canned Puppy Food
2. Canned Cat and Canned Kitten Food (Friskies Pate brand for the cat & kitten food is preferred).

Our goal for Christ Church is to collect 200 cans as part of the 200 items project. There will be a box in the parish hall to place your items. Thank you in advance for your support! If you have any questions feel free to reach out to Chris Cicen at [christine.cicen@gmail.com](mailto:christine.cicen@gmail.com)



### KNITTING GROUP'S 200 GOAL - CAN YOU HELP?

In celebration of the Diocese's 200th anniversary, the Christ Church Knitting Group has set a goal of 200 products to be completed by Dec. 31. We knit, crochet, and sew scarves, caps, mittens, booties, and baby blankets for local donations. The international group, Knitting for Peace, gets our specialty items. Doll-size Peace Pals go to refugee camps. Quilted sleeping mats end up in Swaziland, at camps for AIDS orphans. So far, we have produced 54 items, which is 27% of 200, so we are just barely keeping up with the goal. We welcome new members, but also are delighted when items show up in the K4P box, located on the Parish Hall landing.

See above for what is needed. You may check out the website [www.knitting4peace.org](http://www.knitting4peace.org) for inspiring stories and patterns for many products. Thanks for your help!



## **Sixth Concert – Sunday, April 9, 2017 at 5:00 pm**

The sixth concert of Music from the Western Reserve's 34<sup>th</sup> season will be on Sunday, April 9th at 5:00 p.m. at Christ Church, and will feature the music of The Omni Quartet.

The Omni Quartet, comprised of Amy Lee and Alicia Koelz, violins, Joanna Zakany, viola, and Tanya Ell, cello, are all members of The Cleveland Orchestra. Formed in 2009, they have toured the world's greatest venues as members of the orchestra, including Carnegie Hall, the Edinburgh Festival, Vienna's Musikverein, The Kennedy Center, and the Salzburg Festival. Each member of the group brings a seasoned career to the mix, striving to give concert goers a more personal experience of what individual musicians in the Cleveland Orchestra are all about: getting to the heart of the music and communicating it to the listener with a legacy of precision that has been handed down for generations. This versatile group plays concerts regularly in the greater Cleveland area, as well as branching off to do innovative concerts in alternative venues, from playing at Cleveland's Happy Dog to playing in the Hall of Mirrors at the Primate's Palace for the Ambassador of Bratislava.

**Tickets are available by calling 330-840-8429, emailing [info@mfrwr.org](mailto:info@mfrwr.org), or at the door on the night of the concert. Tickets can also be purchased at The Learned Owl Book Shop. Single ticket prices are \$18 for general admission and free for students. The ticket price includes an artist reception following the performance.**

### **March Vestry Highlights**



Vestry met on Tuesday, March 21 at 7:15 PM.

- The vestry meeting began with Bible Study and prayer. At each vestry meeting, the vestry prays for a portion of the parish and cards are sent to those for whom the vestry has prayed that night.
- The vestry then did an exercise to help focus on the current values of the parish. The top 5 values were identified as hospitality/fellowship, music, liturgy/worship, families/children, and outreach.
- There was conversation around the need for leadership for the Building Committee.
- There was a motion to approve bids from 2 auditors for the 2016 financial audit.
- The vestry was reminded of the need to begin the Infrastructure Capital Campaign.
- Charlotte announced that Kathy Garber has accepted the fulltime position of Parish Administrator beginning April 1. The search for a Director of Christian Education and Youth Ministry is progressing nicely and the search for a part time parish accountant has begun.

**The next vestry meeting is Tuesday, April 25 at 7:15pm in the library.**

## Spring Garden Clean Up



Join us on Saturday, April 29th from 9:00 a.m. to approximately noon for some "Spring Cleaning" of the Church grounds. Coffee and doughnuts will be provided. Call the church office or sign up on the sheet in Parish Hall. Thank you in advance for your help with this very important task. Did we mention that there will be doughnuts? Please also note that we are still seeking anyone with an interest in caring for a small plot in the memorial garden. Please contact Guy Wylie via [wyliecoyote112@msn.com](mailto:wyliecoyote112@msn.com) if you are interested.



## It's a Party!

Join Dick Talley and his family at an open house in the Parish Hall on Saturday, April 8 from 2-4 to celebrate his 90th birthday. All are welcome! No gifts please.



## OPEN M

Our next date to serve a hot lunch at Open M is **Wednesday, April 19th**. We will carpool from church at 9:30 and return no later than 2:00. Please contact Susan Mailey at [tmail153@gmail.com](mailto:tmail153@gmail.com) to let her know if you can help.... and whether you will carpool with us, meet us there to help the entire time, or come at 11:00 to serve and clean up.

Thanks so much for all that you do to help with this ministry!!

### Ministry Team Meetings

Mark your calendars for Tuesday, May 9th.  
The times are as follows:

**Worship at 5pm;**  
**Outreach at 6pm;**  
**Education/Fellowship at 7pm.**



## Ministry Team





**Donations for sanctuary flowers are welcome from individuals or families in celebration or as a memorial.**

Your gift will be noted in the Easter bulletins provided the necessary information is received in the church office by

**SATURDAY, APRIL 8, 2017**

### **Christ Church 2017 Easter Floral Donation**

**NAME:** \_\_\_\_\_ **AMOUNT:** \_\_\_\_\_

As a memorial to / In celebration of

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Return this form to the church office with your check made out to **Christ Church** with **Easter Flowers** written in the memo line by Saturday, April 8<sup>th</sup>.



## THANK YOU TO....

.... all who made our Shrove Tuesday pancake supper a spectacular success!  
....the Altar Guild for all their loving attention to seeing up for our Ash Wednesday services  
....the Rev. Paul Gaston for his community forum on Ohio Craft Beers, and Eileen Gaston and Lucy Kistler and their trusty helpers for the reception following the forum.

**To my fellow members at Christ Church,**

**I would like to take this opportunity to thank you for your gracious attention during my recovery from knee surgery. The many cards, phone calls, visits and transportation services were overwhelming. I will be forever grateful for your loving kindness and generosity that you afforded me at this time.**

**Sincerely,  
Irene Gillette**

## A HEARTFELT THANK YOU!

**We were not able to attend Sunday Services on March 5.  
On that date the service leaflet had the following item:**

**“A donation to the Christ Church Episcopal Capital Campaign (CDIF) has been made in honor of Matthew Lawrence Young, from friends at Christ Church.” We were not able to be in attendance when this appeared. But we want to express our deep appreciation and say thank you to whomever made this contribution. Your thoughtfulness and kindness in remembering our son Matt means more to us than we can ever express.**

**Lou and Marti Young**



## April 2017

### Birthdays

Nancy Styer ~ 4/02  
 Charlotte Reed ~ 4/03  
 Alivia Klespies ~ 4/03  
 Karen Stansbrey ~ 4/03  
 Eric Rhodes ~ 4/04  
 Lis Hugh ~ 4/04  
 Malcolm Robbie ~ 4/05  
 Fern MacMillan ~ 4/11  
 Laura Stith ~ 4/11  
 Ellen Turner ~ 4/11  
 Nancy Schweikert ~ 4/15  
 Kelsey McCallops ~ 4/17  
 Cecily West ~ 4/18  
 Dewey Hansen ~ 4/20  
 Cindy Hartman ~ 4/21  
 Suzanne Popovich ~ 4/23  
 Howard Bankhurst ~ 4/23  
 Jon Ridgway ~ 4/26  
 Janet Greer ~ 4/29  
 Lisa Canterbury ~ 4/29  
 Jim Bear ~ 4/30

### Anniversaries

Reed & Laura Stith ~ 4/3  
 Jon & Julie Ridgway ~ 4/4  
 Tom & Marilyn Marks ~ 4/6  
 Bob & Pam Zuhl ~ 4/28  
 Rick & Nancy Sisteck ~ 4/28



Above is a list of all the birthdays and anniversaries of parishioners for the month of April that are in the Christ Church data base.

If you do not see your name on the list, please contact the church office with the information.

We will pray each Sunday for all parishioners with a birthday or anniversary that week.



A special thank you to  
**The Episcopal Church Woman for once again sending love and brownies to Christ Church students and military on Valentines Day!!**

**Thanks to them and to the many folks who helped by baking brownies!**

Below is note of thanks from one our parishioners:

*My two grandsons received brownies from Christ Church on Saturday, February 11th. They both called and asked me to let the persons who baked and packed the brownies know that they were thankful. My older grandson, who lives with five other young men, said that he doubted the brownies would last the night. My other grandson, who lives in a residence hall, told me that he and his roommate decided to hide their can of brownies in the lowest drawer of a piece of furniture.*

*Blessings to Lucy Kistler and her crew and anyone else who made it possible for students and people in the military to receive a can of brownies in February.*

**A grateful grandfather**



**David McCallops with a tin of Valentine Brownies.**



**Phone:** 330-650-4359

**Fax:** 330-655-0695

**On the Web:** [www.christchurchudson.org](http://www.christchurchudson.org)



Find us on Facebook!

<https://www.facebook.com/ChristChurchHudson>

### Clergy

The Rev. Charlotte Collins Reed, Rector  
[Charlotte.reed@christchurchudson.org](mailto:Charlotte.reed@christchurchudson.org)

### Affiliated Clergy

The Rev. Allan Belton, Priest  
The Rev. Gretchen Green, Deacon

### Staff

Kathy Garber, Parish Administrator  
[Kathy.garber@christchurchudson.org](mailto:Kathy.garber@christchurchudson.org)  
Dr. Charles M. Carr, Organist & Choirmaster  
[chascarr@sbcglobal.net](mailto:chascarr@sbcglobal.net)  
Mary Pat DeLambo, RN, BSN, Med.  
Community Wellness Coordinator  
[mdelambo@laurellake.org](mailto:mdelambo@laurellake.org)  
Dennis Hido, Sexton  
Darlene Gresco, Housekeeping  
Theresa Venham, Housekeeping

### Vestry

Lou Young, Sr. Warden  
[lgyoung@gmail.com](mailto:lgyoung@gmail.com)  
Bob Zuhl, Jr. Warden  
[rwzuhl@aol.com](mailto:rwzuhl@aol.com)

Kay Eileraas  
Eileen Gaston  
Roxanne Grattan  
Janet Greer  
Gabe Lefebvre  
Susan Mailey  
Guy Wylie

Marilyn Hansen, Treasurer, ex officio  
Linda Irving, Clerk, ex officio

**Christ Church Hudson is a Parish of the  
Episcopal Diocese of Ohio -  
[www.dohio.org](http://www.dohio.org)**

### SUNDAY SCHEDULE

8:00 am Rite I/Quiet—Chapel  
9:15 Adult Education  
9:30 Middle & High School Education  
1st & 3rd Sundays of the month  
10:15 Sunday School  
Pre-K through 6th grade  
10:30 Rite II/Festive—Church  
11:30 Coffee Hour  
Nursery available for children  
3 and older 9:00—Noon



## Bishop Williams to visit Christ Church

Bishop Arthur Williams will be at Christ Church to confirm and receive people into the Episcopal Church on **Sunday, May 14**. More details will be forthcoming, but please plan to celebrate with those who are taking this new step in their life of faith.